

St Mark Ocean Park's Children and Youth Ministries are celebrating May as Missions Month. The **Sources White Rock/South Surrey Food Bank** is in great need of our help right now. Our Children, Youth and Families invite those who are able, to help out.

There will be a Food Bank donation station for drop-off in the parking lot of St Mark church, 12953 20 Ave, Surrey BC, on Sunday, May 17 between 11:00 am and 2:00 pm.

This will be a great opportunity to see other members of our St Mark's family, but please remember physical distancing will be observed. Financial donations, or food donations would be greatly appreciated. Some "Healthy Choice" items requested include:

- canned protein: Tuna, Salmon, Chicken, etc
- rice
- milk powder
- peanut butter
- pastas
- oatmeal
- legumes (lentils, beans, etc)
- fresh fruit and vegetables
- canned vegetables & fruit
- 100% fruit juice
- cooking oil

Hope to see you there!

If you are able to help with packing food items, or help with "take down", please contact Barb at <a href="mailto:bdwalks@gmail.com">bdwalks@gmail.com</a> or 604-538-3568.